

BALTICUM 2011
Tallinn

**REGULATIONS OF THE 53rd MOUNTAINEERING
CHAMPIONSHIP OF THE BALTIC STATES FOR YEAR 2011**

1. MISSION

- 1.1. Mission of the championship is to promote mountaineering and mountain trekking and to select the best climbs, treks and teams in Baltic States.

2. TIME AND LOCATION

- 2.1. The evaluation of climbing and mountain trekking reports (hereinafter "Reports") of the championship will take place on 21st January, 2012 in Tallinn. Location will be [Tallink City Hotel](#). Address, A. Laikmaa 5, Tallinn. We meet at 12:00 in the lobby.
- 2.2. The championship and award ceremony will be held on 21st January with start at 18:00. Location of venue is Pirita TOP SPA Hotell (Tallink Hotels) with address Regati pst 1, Tallinn. Detailed schedule of venue will be announced later in due time.

3. MANAGEMENT

- 3.1. Management of the championship is organized by MTÜ "*Matkamise ja mägironimise edendamise klubi*". Additional information can be found at <http://www.ajaveeb.alpinism.ee> or from kristjan.erik@alpinism.ee.

4. TERMS

- 4.1. Routes eligible for the championship have to be climbed all over the world– during the 2011th calendar year (01.01.2011-31.12.2011).
- 4.2. Championship will be held in four categories:
- 4.2.1. Climbing category (climbs up to 3500m);
 - 4.2.2. Technical category (climbs up to 6000 m);
 - 4.2.3. High mountain category (climbs above 6000 m);
 - 4.2.4. Mountain trekking category.
- 4.3. Structure of teams:
- 4.3.1. Team members must be citizens or permanent residents of the Baltic States;

- 4.3.2. Teams consist up to 8 members per team in the climbing and technical categories;
- 4.3.3. Teams consist up to 12 members per team in the high mountain and mountain trekking categories.
- 4.4. Requirements for the Reports:
 - 4.4.1. Reports have to be in English or in Russian
 - 4.4.2. Requirements for climbing, technical and high mountain category are stated in APPENDIX 1. EXAMPLE OF ROUTE REPORT.
 - 4.4.3. Requirements for the Reports for mountain trekking category are stated in APPENDIX 2. EXAMPLE OF THE MOUNTAIN TREKKING REPORT
- 4.5. Submitting the Reports:
 - 4.5.1. Reports in printed format must be submitted to the Jury at the latest by January 21st, 2011 12:00 A.M.
 - 4.5.2. Electronic reports must be submitted to the Jury at the e-mail address: alpinism@alpinism.ee and the latest by the by January 19th, 2011. Reports in electronic format should be in the .pdf or .doc file form. All Reports in electronic format are printed out for Jury to evaluate by organizers “as they are”. Organizers do not take any responsibility for electronic compatibility issues.

5. DETERMINATION OF WINNERS

- 5.1. The Jury determines the winner team or teams in each category.
- 5.2. The Jury consists of 6 Judges – each country is represented with 2 (two) Judges. One Judge of organizing country is acting as the Head Judge and will be appointed by the manager.
- 5.3. The Jury will assess ascents and routes based on submitted reports, as well as on additional information provided by the representatives of the countries and teams.
- 5.4. The Jury will decide the winners with consensus decision. If this fails Jury will decide winners by voting. If votes are distributed evenly vote of the Head Judge will decide outcome.
- 5.5. Jury has the right to establish additional prizes (for example originality, novelty of the route, quality of the report etc.).
- 5.6. The ranking by country is determined as follows. First place in every category gets 10 points, second place 8 points, third place 7 points, etc. Three best ascents of each country will be chosen in each category. In case of an equal score, the advantage is given to the country with most first places, then with most second places, etc.

6. AWARD CEREMONY

- 6.1. Each member of the winning team in every category will be awarded with a medal and a diploma.

7. APPEALS

- 7.1. Appeals against the assessment of the Jury are accepted within 2 (two) hours after the announcement of the awards. In case of appeals, three extra members (one from each country) will be included in the Jury for the examination of appeals.

8. FEES

- 8.1. The participants cover all costs related to the participation (travel and accommodation) in the championship. The fee per person is determined in due time before the championships and will be announced. Two members of the Jury from each country and the Presidents of the National Mountaineering Associations shall be exempt from the fee.

9. INFORMATION

- 9.1. Please inform us about your participation at latest on the 13th of January 2012 by email kristjan.erik@alpinism.ee or by phone +372 51 75 339 Kristjan-Erik Suurväli

APPENDIX 1

EXAMPLE OF ROUTE REPORT

Good practice of the route reports submitted for the championship includes:

Route passport

1. Area of mountains, country
2. Name of the peak, height, title of the route
3. Category of difficulty (see Appendix 3);
4. Route characteristics (rock, snow, ice, mixed)
5. Height difference of the route
 - Length of the route
 - Length of each technical section
 - Steepness of the technical part
 - Steepness of the route
6. Placed and removed technical hardware on route (totals)
Movements made with help of aiders
7. Hours spent on the route
Number of overnights on route
8. Departure from the base camp (time & date)
At the start of the route
On top, end of the route
Arrival at the base camp
9. Weather conditions
10. Information of the group leader and team members (name, club, country)

Description of the route

- Technical photo of the peak with the route line
- Photo of the wall with route lines and ascend tries
- Photo of the route side view (the performed route should be marked in pictures)
- Schema of the profile of the route
- Photo panorama of the region
- Map of the region
- Graphs of the teams ascent with acclimatization.
- Scheme of the route (in symbols UIAA – see Appendix 4; sections with difficulty grade, length, steepness, used equipment for progression)
- Route description in sections
- Tactical actions of the team
- Short description of the most difficult stages of the route;
- Description of lodgings;
- Relief, circumstances of the route (snow, ice, ice covered rocks etc.) and weather;

- Amount of the constant hooks on the route;
- Proofs of summits achieved (photo, note etc)
- Photo illustrations of the ascent (can be added to the report in order to better described performed route and circumstances during it)
- Notes. Additional data considered necessary by members of the team for the Jury to take into consideration when evaluating submitted route. For example style applied during the Route, emergency route etc.

APPENDIX 2

EXAMPLE OF THE MOUNTAIN TREKKING REPORT

1. The title page

- 1.1. Area of mountains
- 1.2. Category of difficulty
- 1.3. Dates
- 1.4. Team leader and the list of participants

2. Trekking route passport:

- 2.1. Area of mountains
- 2.2. Category of difficulty
- 2.3. Number of participants
- 2.4. Dates
- 2.5. Duration (days)
- 2.6. Length (km)
- 2.7. Total climb (m)
- 2.8. Trekking route (detailed)
- 2.9. Number of technical sections and obstacles and grade of difficulty
- 2.10. Group leader
- 2.11. List of participants
- 2.12. Overview map of the region showing the route
- 2.13. Timetable. Should be presented in a table with the following recommended data: the date, daily route (from - to), daily length in km, running time, technical sections and obstacles, daily ascent/descent, height of the camping place, weather conditions
- 2.14. List of technical sections and obstacles. Should be presented in tables with the following recommended data: technical section, category of difficulties, length, height/climb, characteristics of obstacles
- 2.15. Description of passing the technical sections of the route. Complex technical sections are described in detail - description of the section, difficulties and threats, grade of difficulty, photo of the section, description of the group action on the section, securing methods, used equipment.

3. More information about the mountain trek:

- 3.1. Short description of the area of the mountains (geographical and climatic)
- 3.2. Lists of equipment (technical, camping, general)
- 3.3. Other useful information
- 3.4. Results, conclusions, recommendations
- 3.5. The scheme route in more detail
- 3.6. Photo of the most complex sections
- 3.7. Diary of the trek (shortly)

APPENDIX 3. COMPARATIVE TABLE OF ROUTE DIFFICULTY GRADES

European Alpine	RUS	USA	UIAA + Artificial			France	
F facile/ easy	1A	5.0	II				M
F+	1B						
PD peu difficile/ moderately difficult	2A		III				
		5.1	III+				
PD+	2B	5.2	IV-				
AD assez difficile/ fairly difficult	3A	5.3	IV	A0 A1	A2 A3	A4 A5	4a
		AD+	3B				5.4
D difficile/ difficult	4A	5.5	V-				4c
D+	4B	5.6	V				5a
		5.7	V+				5b
TD tres difficile/ very difficult	5A	5.8	VI-				5c
		5B	5.9				VI
TD+	6A	5.10a	VI+				6a+
5.10b		VII-	6b				
ED1 extremement difficile/ extremely difficult		5.10c	VII				6b+
ED2	6B	5.10d	VII+				6c
ED3		5.11a	VIII-				6c+
		5.11b	VIII				7a
		5.11c	VIII+				7a+
ED4		5.11d	IX-				7b
		5.12a	IX				7b+

APPENDIX 4. UIAA LEGEND OF ROUTE ELEMENTS

Kamin chimney	Klemmblock chockstone	Rinne/Couloir couloir	Platten slab/rock wall	Verschneidung corner/ dihedral (US)	Riss crack
Wasserstreifen	Rampe ramp	Kante arete/rib/ridge	Band ledge	Absatz/Schulter area/shoulder	Überhang overhang
Wächte cornice	Dach roof	Nische / Höhle niche	Schnee/Firn /Eis snow/firn/ice	Felsblöcke/ Schutt rock	Gras grass
Baum tree	Latsche	Sanduhr pillar (small)/ limestone	Haken peg/pin/piton	Bohrhaken bolt	Schlüsselstelle sequence/crux-pitch
fixes Drahtseil fixed rope	Standplatz belay	Biwakplatz portaledge	Abseilstelle abseil anchor/ rappel anchor (US)	Pendelquergang pendulum	
sichtbare Route visible route	verdeckte Route hidden route	Variante variation			